

NO WRITTEN RESPONSE

Pr. Chow has verbally stated that, according to the CMPA, she is not able to provide an Expert Report.

Leidner Moore

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: November 14, 2018 1:55 PM
To: riversidecourt@rideaufht.ca
Subject: Message for Dr. Chow re: Will-Say Statement for Court
Attachments: 20 Questions for Psychiatrists.pdf; 20181017 Engelking Endorsement.pdf; 20181113 Overview part 1 of 2.pdf

Dear Dr. Chow,

In preparation for tomorrow's appointment, I send to you this e-mail. I will also drop off a hard copy of these materials to you this afternoon.

Dr. Chow, I am finally in the process of preparing for the upcoming trial where I intend to expose John Kiska for what he has done (and continues to do) to Sean and Cate and me for over six years.

In order to subpoena you to the trial, I must first retain a Will-Say statement from you and make it available to John's lawyer as well as the pre-trial judge. Attached you will find a list of 20 questions that I will be sending to four TOH psychiatrists as well as the endorsement from Justice Engelking on October 17, 2018. I have also attached part 1 of a 2-part list of documents that I refer to as "Overview". Kindly review both parts of the Overview as well as the 20 questions so that you are in a position to provide your Will-Say Statement.

In addition to the following questions, please include your name, position, role and contact information in your Will-Say Statement. The questions that I would like to pose to you are:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?
2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?
3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?
4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?
5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?
6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.
7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?
8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.
9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.
10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

Dr. Chow, if there are other questions that you feel are important for me to ask while we are in Court, please do let me know and I will revise these questions accordingly.

Are you in a position to provide your Will-Say Statement to me by November 30th? Please do let me know at your earliest convenience.

Thank you for your help. (Overview - Part 2 of 2 will follow)
Deirdre Moore

deirdre.faff@gmail.com

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: November 14, 2018 1:56 PM
To: riversidecourt@rideaufht.ca
Subject: Part 2 of 2 Overview
Attachments: 20181113 Overview part 2 of 2.pdf

As per previous e-mail, please see attached.



Dec 17 2018

To: Whom it may concern

Re: Ms Dierdre Moore

Dear Sir/Madame

Ms Moore has requested that I provide an expert opinion regarding presence/absence of mental illness. Unfortunately as I have been involved in her care as a treating physician, I am not able to be impartial and therefore I am not able to provide this expert opinion.

Sincerely

Deanna Mercer MD FRCPC psychiatry



December 24, 2018

Dear Deirdre Moore,

Thank you for your letter. My apologies, as I am unfortunately unable to answer the vast majority of the questions you requested, as they are outside my scope, and extend beyond the short time in which I was involved in your care.

I was briefly involved in your care during an initial psychiatric hospitalization from March 3 – 5, 2013. At that time, the diagnostic impression was felt to be in keeping with Bipolar disorder (manic features) and marital discord (relational tensions with spouse). Collateral information was obtained from your parents, and from your spouse at the time. For further details, the discharge summary is available through TOH Health Records, alongside subsequent assessments by other clinician colleagues in the years following.

In general, the diagnostic assessment is fundamentally based on the clinical interview and assessment with the patient. However, gathering collateral information from various sources (including collateral history from family members) is a routine and standard practice in medicine, including psychiatry. This is often essential in psychiatry, for addressing any safety concerns, alongside assisting with diagnostic clarification and determining a baseline.

I hope the above information is helpful,

Sincerely,

Daniel Saul MD, FRCPC
The Ottawa Hospital, Civic Campus
1053 Carling Ave K1Y 4 E9
613-761-4581



November 15, 2018

Re: Deirdre Moore

To whom it may concern,

My name is Jessica Poloz. I am a Counsellor and Group Facilitator in the Women and Violence program at the Eastern Ottawa Resource Centre. My contact information is below.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended nine in-person counselling sessions to date. Topics that have been addressed in counselling have included types of abuse, safety planning, impacts of violence on children and navigating the family court process.

Our program provides short-term counselling and support to women whose lives have been impacted by violence. Our counselling services are goal-focused and seek to improve women's emotional well-being and healing. Upon first meeting a client we assess the immediate needs of the person and work with them to identify goals of counselling, develop safety strategies and provide referrals linking clients to the services that would be appropriate for them. There is a psychoeducational piece to our counselling services where we provide women with information to assist them in identifying types of abuse, recognizing the warning signs of an abusive relationship, identifying barriers and breaking the cycle of violence.

It is not our practice to be used as witnesses for court purposes. We are not expert witnesses and we do not work with the whole family or provide family assessments. Therefore, for court purposes, we are limited to providing confirmation of types of services received, dates of services received and general topics that have been addressed in counselling.

Please see below for my responses to Ms. Moore's questions:

- 1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?**

Yes.



2. **Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?**

Yes.

3. **Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?**

I cannot offer an opinion on this as I am not qualified to provide mental health assessments or diagnoses.

4. **Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?**

I have had no contact with John Kiska and therefore cannot comment on this matter.

5. **Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?**

I have had no contact with John Kiska and therefore cannot comment on this matter.

6. **Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.**

I have had no contact with John Kiska and therefore cannot comment on this matter.

7. **Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?**

Ms. Moore has addressed coping strategies in counselling. She has indicated that safety planning, documenting her concerns, connecting with community supports, physical exercise and self-care strategies such as ensuring her physical health needs are met have been useful in helping her cope with her experiences.

8. **Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.**

We trust that the Office of the Children's Lawyer has done an assessment and will provide recommendations that they see fit the best interests of the children.



9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.

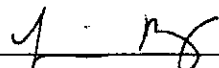
We are not qualified, prepared or mandated to do family assessments and make recommendations with regards to custody and access issues.

10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

When we are concerned about the emotional or physical safety of children we are required by law to report these concerns to the Children's Aid Society. We encourage women who are concerned about the impact of an abusive relationship on their children to connect with our Children's Counsellor for support.

Thank you for your time and consideration.

Sincerely,



Jessica Poloz
Counsellor and Group Facilitator
613-741-6025 ext. 124
JPoloz@eorc-creo.ca

cc Chantal Cadieux, Program Manager

deirdre.faff@gmail.com

From: Jessica Poloz <jpoloz@eorc-creo.ca>
Sent: November 15, 2018 9:39 AM
To: Deirdre Moore
Subject: RE: Will-Say Statement for Court
Attachments: Will-Say Statement D.M..pdf

Hi Deirdre,

Please see attached for a will-say statement that I have prepared.

I am going to leave it up to you to decide if you feel this will be useful for your trial. As we discussed, I am limited in the type of information I can provide in a court setting.

We can discuss further tomorrow during our meeting if you would like, or if you have additional questions or concerns.

See you tomorrow at 10:30.

Take care,

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: Tuesday, November 13, 2018 7:46 PM
To: Jessica Poloz <jessica.poloz@eorc-creo.ca>
Subject: Will-Say Statement for Court

Hi Jessica.

I hope that all is well in your world. Mine is annoyingly busy as I am still unpacking and trying to deal with both the legal aspects and the day-to-day aspects of all that is Kiska.

As discussed, I am in the process of preparing for the upcoming trial where I intend to expose John Kiska for what he has done (and continues to do) to Sean and Cate and me for over six years.

In order to subpoena you to the trial, I must first retain a Will-Say statement from you and make it available to John's lawyer as well as the pre-trial judge. Attached you will find a list of 20 questions that I will be sending to four psychiatrists as endorsed by Justice Engelking on October 17, 2018. I have also attached part 1 of a 2-part list of documents that I refer to as "Overview". Kindly review both parts of the Overview as well as the 20 questions so that you are in a position to provide your Will-Say Statement.

In addition to the following questions, please include your name, position, role and contact information in your Will-Say Statement. The questions that I would like to pose to you are:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?
2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?
3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?

4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?
5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?
6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.
7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?
8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.
9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.
10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

Jessica, if there are other questions that you feel are important for me to ask while we are in Court, please do let me know and I will revise these questions accordingly.

Are you in a position to provide your Will-Say Statement to me by November 30th? Please do let me know at your earliest convenience.

Thank you for your help. (Overview - Part 2 of 2 will follow)
Deirdre Moore

ps. please let me know if you would like me to deliver to you a hard copy of the Overview and I will gladly provide one.



August 15, 2018

Re: Deirdre Moore

To whom it may concern,

Eastern Ottawa Resource Centre, Women and Violence program, offers support, short-term counselling and referrals to women who are, or who have been in an abusive relationship.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended five in-person counselling sessions to date. Topics that have been addressed in counselling have included types of abuse, safety planning and impacts of violence on children.

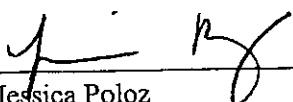
Ms. Moore has also discussed her hopes to provide education, outreach and support to other women who have experienced psychological and emotional abuse. She shared she has been proactive in reaching out to a variety of community organizations to identify the gaps in service in the Violence Against Women sector in the hopes of establishing her own not-for-profit organization or working for an existing one. One such gap that has been identified is a lack of awareness, understanding and resources for those who experience the more subtle forms of abuse, such as psychological and emotional abuse. Women affected by violence often have difficulty accessing services in a timely manner due to the high volume of clients requesting service and the subsequent lengthy waitlists. Ms. Moore herself has been on a waitlist for our Phase II support group for women for several months.

Longer-term and cost-effective community resources for women affected by all types violence are needed in the Ottawa area.

Should you have any questions regarding our services, please contact me at 613-741-6025 ext. 124.

Thank you for your time and consideration.

Sincerely,



Jessica Poloz
Counsellor and Group Facilitator

cc Chantal Cadieux, Program Manager



April 27, 2018

Re: Deirdre Moore

To whom it may concern,

Eastern Ottawa Resource Centre, Women and Violence program, offers support, short-term counselling and referrals to women who are, or who have been in an abusive relationship.

Ms. Moore first accessed our program in February 2018, when she began meeting with a Violence Against Women Counsellor for individual support. Ms. Moore has attended three in-person counselling sessions to date. Her next counselling appointment is scheduled for May 10, 2018. Ms. Moore has been attending counselling approximately once per month. Topics that have been addressed in counselling have included types of abuse, safety planning and impacts of violence on children.

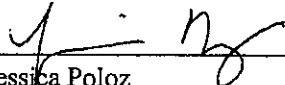
Ms. Moore stated that throughout the course of her relationship with her ex-husband she experienced psychological and emotional abuse. She expressed that she continues to be concerned for her safety post-separation, as she said her ex-husband has stalked and harassed her and has hacked her electronic devices. We have discussed her safety concerns in-depth and have explored power and control tactics such as legal bullying and gaslighting.

Ms. Moore has also discussed her job search during her counselling sessions and has shared her progress with the goals she has set for herself. A referral to Agilec for employment support was provided.

Should you have any questions regarding our services, please contact me at 613-741-6025 ext. 124.

Thank you for your time and consideration.

Sincerely,



Jessica Poloz
Counsellor and Group Facilitator

cc Chantal Cadieux, Program Manager

Deirdre Moore

From: Jessica Poloz <jpoloz@eorc-creo.ca>
Sent: August 17, 2018 11:27 AM
To: Deirdre Moore
Subject: Powerpoint
Attachments: Cybercrime draft (002).pptx

Hi Deirdre,



Please find attached the Powerpoint I was talking about today. As I said, it is pretty basic so may not be overly helpful for your particular situation, but may be good to have for your files, if nothing else.

The following information is from my notes from the presentation:

- Are there specific resources that OPS suggests to people that address online safety?
 - cybertip.ca
 - protectchildren.ca
 - needhelpnow.ca – helps people to get explicit pictures/videos removed – OVS has had success using this service with clients

Not sure if you have looked into those sites but those were what were suggested by OPS and other committee members.

Take care,

Jessica Poloz
Counsellor and Group Facilitator/Intervenante et Animatrice de groupe
215-1980, chemin Ogilvie Road
Gloucester, ON K1J 9L3
Tél: (613) 741-6025 ext. 124 FaxTélec: (613) 741-7029
JPoloz@eorc-creo.ca
www.eorc-creo.ca



** provided to Jessica Poloz
by Staff Sergeant
François D'Aoust of
Ottawa Police Services*

Donating that doesn't cost anyone anything!

Help EORC Raise funds by Shopping Online: <https://www.eorc-creo.ca/WebGiv.php>

Donnez sans vous coûter!

Aidez-nous à amasser des fonds pour le CREO en magasinant en ligne : https://www.eorc-creo.ca/WebGiv_Fr.php



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Cybercrime

Preventing Cybercrime and
Protecting Personally Identifiable Information

1

Personally Identifiable Information

- Personally Identifiable Information (PII) is any information that can be used alone or with other information to identify, contact or locate a person
 - Name, nickname, online aliases, passwords
 - Home, work, email addresses, post-office
 - Passport, social insurance, health card numbers
 - License, credit card, bank numbers
 - Fingerprints, facial photos, handwriting
 - Other information used as account security:
 - birthplace, mothers maiden name, wedding-date

2

Ways PII can be stolen

- Fraudulent solicitations
 - Emails and internet
 - Indicate problems with banking accounts, failed money transfers or unread messages to social media or
 - Emails often utilize webites that look exactly like the original, but steal your account information
 - Phone calls and text messages
 - May demand payment via pre-paid credit cards, pay CRA with iTunes gift-cards or demand bank information for unpaid bills, taxes or expenses.
 - May use threatening language to encourage fear for quick payment

3

Ways PII can be stolen

- Fraudulent solicitations: examples
 - Your are required to update your information with Canada revenue agency. Please use our secure web scpc.cra.gc.ca for easy processing of your tax refunds
 - Payment Request Confirmation - If you receive this e-mail or text message do NOT click on the link as it may contain malware. Please delete this e-mail or text message and do not respond to it.

4

Ways PII can be stolen

- Fraudulent solicitations: warning signs
 - Unusual email addresses
 - Unusual subject lines
 - Unusual content
 - Unusual links
 - Unusual attachments
 - Unusual requests
 - Unusual urgency
 - Unusual spelling and grammar
 - Unusual sender information
 - Unusual recipient information
 - Unusual content
 - Unusual links
 - Unusual attachments
 - Unusual requests
 - Unusual urgency
 - Unusual spelling and grammar
 - Unusual sender information
 - Unusual recipient information

5

Ways PII can be stolen

- Fraudulent applications (apps)
 - Computer, phone apps
 - can be disguised as helpful tools while stealing your personal information.
 - Apps could contain viruses or key-loggers which log and report every keystroke which can be used to steal your account information
 - Could spy on your phone calls, your microphone or video when your phone is not in use

6

Ways PII can be stolen

- Indirect methods
 - Social media, public or not
 - Gathering profile information: personal photos, nicknames, addresses, phone numbers, names of family members and interests
 - Groups you belong to: Banking institutions, schools and other memberships
 - Dumpster Diving
 - Going through discarded trash and recycling for personal information

7

Ways PII can be misused

- Fraudulent purchases
 - Large purchases with your credit card or banking information
 - You could be held responsible.
- Fraudulent accounts
 - Open credit cards, bank accounts in your name
 - Your credit could be severely impacted

8

Ways PII can be misused

- Cyber-bullying
 - Impersonation or bullying
 - Used to humiliate, embarrass, or extort
- Identity theft
 - Sells your identity for profit.
 - Someone else could assume your identity.
 - Try to access your banking accounts

9

How to protect PII

- General tips
 - Use antivirus software
 - Paid tools (Symantec, Norton, BitDefender, Kaspersky, ...)
 - Free tools (Microsoft Security Tools, Lookout Security, ...)
 - Set a password on your computer and phone
 - Keep your passwords private
 - If it looks suspicious
 - Don't immediately click or respond
 - Think about the message, source and content, then act
 - Do not use abandoned USB sticks, they may contain viruses

10

How to protect PII

- Emails and solicitations
 - Don't click on anything something that looks suspicious
 - Emails, attachments, advertisements of viruses
 - Use an email provider like Google, Yahoo, etc that provides spam and virus protection
 - Pay special attention when they ask for PII
 - Be cautious of spoofed websites
 - If you are suspicious, search the internet for that website and login normally, not through the email
 - Masters are rarely 'urgent'
 - Credible banks and sources should give plenty of time to respond

11

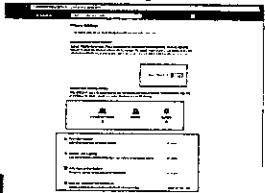
How to protect PII, continued

- Social Media and online personas
 - Set your privacy settings
 - Cancel accounts you no longer use
 - Be careful what you share
 - Be careful who you 'friend'
 - Especially people you do not know.
- Once it's online, you no longer control it.
 - Photos, tweets, and anything you share.
- Even aliases can be used to identify you
 - People often use the same accounts for several services.

12

Ways PII can be stolen

- Set Privacy options in Settings



13

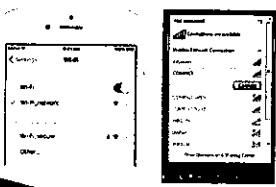
How to protect PII, continued

- Public Wi-Fi
 - Wi-Fi is secure when there is a password to the network.
 - Without a password, you rely on the website to protect your account information, but it won't stop eavesdropping.
 - Avoid using important accounts such as financial, government and email accounts
 - Use a Virtual Private Network
 - These are paid services to protect your internet traffic
 - Wait until you get home

14

How to protect PII, continued

- Public Wi-Fi



15

How to protect PII, continued

- Intimate images
 - Once you send it, you no longer have control of it
 - iCloud, Google Photos and other services can be hacked
 - Your phone or the recipient's phone could be compromised, lost, or stolen
 - Recipient could use this information to against you
 - Blackmail, extortion, humiliation, embarrassment, or other
 - If you choose to share, disable location and do not capture your face or identifying features
 - 'Disappearing' or 'Vanishing' messages
 - Recipient can 'screen' or save messages even if they auto-expire.
 - This doesn't remove their existence or chance of abuse

16

How to protect PII, continued

- Protecting documents
 - Password protect your documents
 - Office tools lets you protect changes or prevent opening
 - You can put several files in a .zip and add a password
 - Use a strong password
 - Email, text and picture messaging are not always secure
 - Only send them to people you know and who are expecting it
 - Don't send the document and the password together

17

Questions

18

Exhib: f
9

Ottawa
VICTIM SERVICES
SERVICES AUX VICTIMES
d'ottawa

August 17th, 2018

Re: Deirdre Moore

To Whom It May Concern:



OTTAWA POLICE SERVICE
SERVICE DE POLICE D'OTTAWA

ottawapolice.ca
@OttawaPolice

Francois D'Aoust
Staff Sergeant • Sergent d'état-major
Technical Investigations/Enquêtes techniques
Criminal Investigations Directorate/Direction des enquêtes criminelles
T: 613-236-1222 Ext. / Poste: 2659
474 Elgin Street/474, rue Elgin
d'aoustf@ottawapolice.ca Twitter: @OPSDAoust

card provided by Caroleyn Johnston,
Executive Director of OCTEVAW.

Ottawa Victim Services (OVS) is a community service that provides emotional support, practical assistance, and referrals to community resources to victims of crime and tragic circumstances. Clients can access our services through community service agencies, the police or self-referrals.

Ms. Moore accessed our program in May of 2017. We have spoken with her a handful of times, most recent being the date this letter is dated for. Ms. Moore and I met to discuss the history of her relationship with her ex-husband, prior to their separation and the events that took place after. We also discussed her desire to work with victims of similar experiences at the hands of intimate partners. This pertains to less-overt forms of abuse such as psychological and emotional abuse.

Ms. Moore has expressed her interest in taking this matter to court to seek damages against her ex-husband regarding criminal harassment and criminal defamation. Ms. Moore showed me extensive efforts to document all ongoing interactions between herself and her ex-husband. It seems that this matter would be best handled in a court of law in order to be able to present her version of these events of the past few years and to discover the true facts of what has taken place.

Ms. Moore has been accessing the appropriate services and making every attempt to ensure her wellbeing. It is my hope that Ms. Moore is able to have this matter taken to court and to be able to present her evidence.

Please feel free to contact me with any more questions about our services and programs.

Sincerely,

Khayman Wood, BA
Victim Support Worker
Ottawa Victim Services
613-238-2762 ext. 225
ovs-vcu@ovs-svo.com
info@ovs-svo.com

This Exhibit ' 9 ' referred to in the
Affidavit of Deirdre Moore
sworn before me at the City of Ottawa, this
24 day of August, 2018.

A Commissioner for taking affidavits

Deirdre Moore

From: deirdre_cfa@icloud.com
Sent: February 24, 2018 7:34 PM
To: 'Drew Kingston'
Subject: RE: Victim of a True Narcissist

Thank you for taking the time to provide this information Dr. Kingston.
I don't think John would be too warm to the idea of the same place as Dr. Jackson works, so I went for CFIR. As you suggested, I advised him to choose any psychologist from the list. I also cc'd his sister on the e-mail. I am not sure how he can say no.
Hopefully, this will help to get him closer to a diagnosis.

Again, thank you for your help.
Deirdre

-----Original Message-----

From: Drew Kingston [mailto:Drew.Kingston@theroyal.ca]
Sent: Friday, February 23, 2018 10:10 AM
To: Deirdre Moore <deirdre_cfa@icloud.com>
Subject: RE: Victim of a True Narcissist

Hello Deirdre,

It was nice meeting you yesterday and thank-you for sharing your difficult story with me. I have also reviewed the letter written by Dr. Jackson. As discussed yesterday, I am not able to provide anything further than what has already been provided by Dr. Jackson. It is not a great idea that I serve as a back-up in this case, as the assessment by Dr. Jackson is comprehensive and complete. I think it would be good to consider the possibility of a future child custody and access assessment. In considering some options, I would recommend Gilmour Psychological Services (where Dr. Jackson is located) but you can also look into the Center for Interpersonal Relationships (www.cfir.ca). Again, I wish you all the best.

Dr. Drew Kingston C.Psych
Clinical and Forensic Psychologist, Secure Treatment Unit, BMHC Clinical Professor of Psychology,
University of Ottawa Department of Psychiatry, University of Ottawa (cross-appointment)

-----Original Message-----

From: Drew Kingston
Sent: February-16-18 4:04 PM
To: Deirdre Moore
Subject: RE: Victim of a True Narcissist

Ok. We can definitely meet and discuss. I have 10:30 available on Thursday. Does this work? I'm located at 150 Isabella St., Suite 211. Please bring cash or cheque for payment. I look forward to meeting you so we can discuss further.

Dr. Drew Kingston, C.Psych
Psychologist
Clinical Professor of Psychology, University of Ottawa

Tab 1 G 1/8

From: Deirdre Moore [deirdre_cfa@icloud.com]
Sent: February 16, 2018 4:01 PM
To: Drew Kingston
Subject: Re: Victim of a True Narcissist

Dr. Kingston.

I am not trying to replace Dr. Jackson. I am trying to beef up my team.

Just give me an hour to explain my story??
Then, if you don't want to continue I understand.

Please?

Sent from my iPhone

On Feb 16, 2018, at 3:47 PM, Drew Kingston
<Drew.Kingston@theroyal.ca<mailto:Drew.Kingston@theroyal.ca>> wrote:

Hello Deirdre,
It sounds like you are going through a very difficult time. I didn't realize you were already seeing Dr. Jackson. There is not much else I could provide in this scenario. I do not have a background in psychiatry; my background is the same as Dr. Jackson (clinical psychology) although I do also work in forensics/correctional psychology. You are definitely in good hands with Dr. Jackson. I wish you all the best in this difficult situation.

Dr. Drew Kingston C.Psych

Clinical and Forensic Psychologist, Secure Treatment Unit, BMHC Clinical Professor of Psychology,
University of Ottawa Department of Psychiatry, University of Ottawa (cross-appointment)

From: deirdre_cfa@icloud.com<mailto:deirdre_cfa@icloud.com> [mailto:deirdre_cfa@icloud.com]
Sent: February-16-18 3:01 PM
To: Drew Kingston
Subject: RE: Victim of a True Narcissist

Thank you Dr. Kingston. I could meet next Thursday at any time between 10:00 and 3:00, depending on where you are situated.

Dr. Iris Jackson of Gilmour Psychological Services has helped me to survive this ordeal. I met her just over two years ago, have seen her often and as recently as Wednesday.

She has not diagnosed my husband as a narcissist, I have ... based on what he has done and continues to do to me. (I had been driven into psychosis 5 times between 2013 and 2015: among other things, he was gaslighting for sport ... which I only figured out when I found one of his "how-to" articles.)

My problem is this: the legal system does not understand mental health. Mental illness is mental illness, period. I need an expert to help me to establish some credibility in front of a judge. TOH's Dr. Kay has diagnosed me with Psychosis NOS and Dr. Jackson fine-tuned this to a diagnosis of Brief Psychotic Disorder with known stressors (i.e. my ex). I can forward to you her letter that she wrote for me if you like.

Dr. Jackson is willing to be with me at trial. She has already written a letter of support. But, having more than one would be helpful Plus (and this is a big plus) you have that background in psychiatry as well as that research which gives you a different type of credibility.

I can tell you the story on Thursday. When would you be available? I am happy to pay your hourly rate.

Deirdre Moore, CFA, BBA
613-261-3520

From: Drew Kingston [mailto:Drew.Kingston@theroyal.ca]
Sent: Friday, February 16, 2018 2:20 PM
To: 'deirdre_cfa@icloud.com<mailto:deirdre_cfa@icloud.com>'
<deirdre_cfa@icloud.com<mailto:deirdre_cfa@icloud.com>>
Subject: RE: Victim of a True Narcissist

Hello Deirdre,

Thank-you for reaching out to me. I am taking on new clients however, please note that given some potential changes in our practice, I can't guarantee that I would be able to see you for a prolonged period of time. If you would like to meet to discuss your situation and how I could help, we can definitely schedule a time. My fee is \$180 per appointment and it is not covered by OHIP but is usually covered by work insurance plans. I have some availability this coming Thursday. If you want to look elsewhere, you may want to contact Gilmour Psychological Services or the Centre for Interpersonal Relationships. All the best.

Dr. Drew Kingston C.Psych

Clinical and Forensic Psychologist, Secure Treatment Unit, BMHC Clinical Professor of Psychology,
University of Ottawa Department of Psychiatry, University of Ottawa (cross-appointment)

From: Psychology Today [mailto:no-reply@psychologytoday.com]
Sent: February-16-18 12:02 PM
To: Drew Kingston
Subject: Victim of a True Narcissist

Psychology Today

This email comes to you via your profile with Psychology Today.

From: Deirdre Moore

Email: deirdre_cfa@icloud.com<mailto:deirdre_cfa@icloud.com>

Phone: (613) 261-3520

Subject: Victim of a True Narcissist

My story is quite complicated and I am in desperate need of the help of someone who can back up my side of the story as I go through a brutal divorce. I am reaching out to you because of the research that you did at U of O. Please call me at 613-261-3520 to discuss your availability. Thank you. Deirdre Moore

70.29.53.191 ID: 163690

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Preferences<<https://mandrillapp.com/track/click/30575510/member.psychologytoday.com?p=eyJzljoid3ZFWkppMzRQdENha0FRdFBFT1dxbUxERXFNliwidil6MSwicCI6IntcInVcljjozMDU3NTUxMCxcInZcljoxLFwidXJsXCI6XCJodHRwczpcXFwvXFxcL21lbWJlci5wc3ljaG9sb2d5dG9kYXkuY29tXFxcL2NhXFxcL3Byb2ZpbGVcXFwvb3B0aW9ucz9vcHQ9bWFpbCZ1PWRyZXcua2luZ3N0b25clixclmlkXCI6XCJmMGU4YWQ2YWZhMTE0Mjc3ODk4NGNhMzc4Y2JkMmFkNFwiLFwidXJsX2lkc1wiOltclmY3N2lyZTRhMzUyZTAyZGY2YzZmNTE4YjZmNzlyYWQ5NWQ5MzdiOWNcIl19In0>>

<image001.jpg>

deirdre.faff@gmail.com

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: November 10, 2018 4:06 PM
To: drew.kingston@psychologytoday.com
Cc: mpayeur@marcpayeur.com
Subject: How to deal with ongoing psychological abuse

Hi Dr. Drew Kingston,

I hope you are well.

As you know, I having been seeking guidance from Dr. Iris Jackson on how to deal with my ex-husband, John Kiska. The only reason that I reach out to you today is because of the work that you have done with psychopaths in a prison setting and have done explicit research with Ottawa U regarding both psychiatry and psychology.

I know that when I spoke with you, that you really couldn't provide any help. Here I am, almost nine months later, and he is getting worse and worse.

Are you sure that there is NOTHING that I can do??

Sincerely,

Deirdre Moore

Sent from my iPhone

deirdre.faff@gmail.com

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: November 27, 2018 8:52 AM
To: admin@workplace.com.to
Subject: To: Dr. Drew Kingston Re: Provision of an Expert Report on Narcissism and the Cycle of abuse of a narcissist

Hello Dr. Kingston,

It has been about nine months since I first requested your help regarding the divorce from my ex-husband who is, at a minimum, a pathological liar but more likely a level 10 (1-10 scale) narcissist who continues to destroy my life and those of my children, as well as poison (figuratively) all of those around me.

Dr. Jackson suggested that I call you regarding the provision of an Expert Report on the above-noted topic (in general terms) so that I may submit it to Court in preparation for the upcoming trial.

Are you in a position to do that? If so, I would need something by about December 17, 2018 as I need to serve the other side by December 31, 2018.

Grateful and desperate,
Deirdre Moore, CFA, BBA
(343) 550-6181

deirdre.faff@gmail.com

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: December 28, 2018 9:54 AM
To: info@hopeprogram.biz
Subject: Message to Dr. Kingston Dec 28, 2018

Hello Dr. Kingston,

We had one brief appointment earlier this year when I first realized that my ex-husband was a pathological liar.

I have learned a lot since then and I believe that I have under-estimated his degree of wickedness.

Dr. Kingston, would you be interested in flying back to Ottawa to be an expert witness for an upcoming (2019) trial against my narcissistic ex-husband?

If not, would you please recommend someone else who could speak to:

- narcissism
- the cycle of abuse
- narcissism vs. sociopathy vs. psychopathy

Also, I am curious if you know anyone who has done research on "community-based stalking" ... although this is more of an interest related to anti-bullying and my hope to start a NFP that raises awareness on the fragility of mental health when in an abusive relationship.

I am grateful for any assistance that you are in a position to provide.

Sincerely,
Deirdre Moore, CFA, BBA
1 (343) 550-6181 or
1 (613) 261-3520

Sent from my iPhone

or verbal

✓

NO WRITTEN RESPONSE

20 of December 29, 2018


Teilde Aboue

deirdre.faff@gmail.com

From: Centre for Interpersonal Relationships <ottawa.admin@cfir.ca>
Sent: November 27, 2018 11:41 AM
To: Dr. Christopher Cardoso, C. Psych
Cc: deirdre.faff@gmail.com
Subject: Deirdre Moore

Hello Christopher,
Deirdre just stop by administration she would need to see you before you leave, can you provide her with a time? she also requested that I CC her on this email, and that if you can provide her with an answer to the letter she left you as well and if not she would like a document stating you can't answer this question in order for her to bring it to Court to show she did try to obtain the information requested.

Best Regards,
Carine



Administration
Centre for Interpersonal Relationships
600-267 O'Connor Street
Ottawa, ON
K2P 1V3

tel: 1.855.779.2347
fax: 613-714-1013
www.cfir.ca

deirdre.faff@gmail.com

From: Deirdre Moore <deirdre.faff@gmail.com>
Sent: December 14, 2018 10:02 AM
To: Dr. Christopher Cardoso, C. Psych
Subject: Fwd: Closing my practice in Ontario

Hello Dr. Cardoso,
I have yet to hear back from you regarding an appointment or documentation. Would you please provide an update?
Thank you.
Deirdre (343) 550-6181

----- Forwarded message -----

From: Deirdre Moore <deirdre.faff@gmail.com>
Date: Wed, 21 Nov 2018 at 14:01
Subject: Re: Closing my practice in Ontario
To: Dr. Christopher Cardoso, C. Psych <christopher.cardoso@cfir.ca>

Thank you Dr. Cardoso.
My questions were attached to the document that I left for you yesterday along with the Overview binder. I am glad to pay you for your time. Perhaps we should meet to discuss. What appointment times would you have available this week or next?

Thank you.
Deirdre

Sent from my iPhone

On Nov 21, 2018, at 10:51 AM, Dr. Christopher Cardoso, C. Psych <christopher.cardoso@cfir.ca> wrote:

Hi Deirdre,

If you want any documentation I would be happy to provide it so long as you specify what information you want in the document. Also, I will charge for time. Just let me know.

Best,

<e1cda916.png>

On 2018-11-21 09:44, Deirdre Moore wrote:

Dear Dr. Cardoso,

I am saddened that you are moving as you have had the opportunity to see John "in action".

Are you in a position to provide your Expert Report (or even a Will-Say Statement or a letter) by December 17th? If not, would you please explain why not (given the severity of my situation)? I trust that you did receive my request and my materials yesterday.

Deirdre Moore
(343) 550-6182

Sent from my iPhone

On Nov 20, 2018, at 8:23 PM, Dr. Christopher Cardoso, C. Psych
<christopher.cardoso@cfir.ca> wrote:

Dear Deirdre,

I hope that this e-mail finds you well. I want to let you know that I will be moving to British Columbia at the end of this year for personal reasons. My final day in Ottawa will be *21 December 2018* and my professional practice in Ontario will end thereafter. You will still be able to get in touch with me if you require access to your medical records, which will stay in my possession when I move. You can reach me by e-mail at ccardoso.phd@gmail.com for this purpose.

Until my official end date, you will still be able to book an appointment with me. Also, if you require a referral or a transfer of care to another psychologist, please let me know and I will make arrangements for you before I leave.

I am sending you my very best during this transition and thereafter.

Warm regards,
Dr. Christopher Cardoso, C. Psych

--

<e1cda916.png>



Deirdre Moore <deirdre.faff@gmail.com>

Expert Report and C.V. for upcoming Trial

1 message

Deirdre Moore <deirdre.faff@gmail.com>
To: christopher.cardoso@cfir.ca
Bcc: Deirdre Moore <deirdre.faff@gmail.com>

20 November 2018 at 11:53

Dear Dr. Cardoso,

It has been a while since we have met. I have sent to you many e-mails in an effort to keep you "in the loop", but I am not sure if you received any of them as I never received any responses.

Currently, I am in the process of preparing for the upcoming trial where I intend to expose John Kiska for what he has done (and continues to do) to Sean and Cate and me for over six years.

In order to subpoena you to the trial, I must first retain a Expert Report and a C.V. from you and make it available to John's lawyer as well as the pre-trial judge. (Though you are not included in the attached endorsement, I do plan to subpoena you to testify and would like to provide Justice Engelking with your Expert Report in January along with all of the others.) Attached, you will find a list of 20 questions that I will be asking the four psychiatrists from The Ottawa Hospital who were primarily responsible for my diagnosis and care from 2013-present. I have also attached part 1 of a 2-part list of documents that I refer to as "Overview". Kindly review both parts of the Overview as well as the 20 questions so that you are in a position to provide your Expert Report.

In addition to the following questions, please include your name, position, role and contact information in your Expert Report. The questions that I would like to pose to you are:

1. Have you reviewed documents A-Z that comprise the "Overview" provided by Deirdre Moore?
2. Have you reviewed the list of 20 questions that Deirdre is posing to some of the psychiatrists who have cared for her in the past?
3. Do you feel that it is possible that Deirdre has developed a history of mental illness because she is the victim of a narcissist?
4. Can you offer any explanation for why John Kiska has consistently failed to mention the level of marital conflict that has existed in the marriage when he was speaking with Deirdre's physicians?
5. Can you offer any explanation for why John Kiska has consistently provided false information to Deirdre's treating psychiatrists?
6. Do you believe that John Kiska's behaviour towards Deirdre over the past six years reflects one of a loving, caring husband? Please explain.
7. Under the circumstances, how do you feel Deirdre has coped with the experiences that she has been forced to endure over the past six years?
8. Do you agree with the recommendation of the Office of the Children's Lawyer that sole custody should be awarded to Deirdre? Please explain.

9. Do you believe that John Kiska should be entitled to shared access to the children Sean and Cate given his lack of support for their overall care? Please explain.

10. Do you have any suggestions on how Deirdre can protect Sean and Cate from the impact of an emotionally abusive father?

Dr. Cardoso, if there are other questions that you feel are important for me to ask while we are in Court, please do let me know and I will revise these questions accordingly.

Are you in a position to provide your Expert Report to me by December 17, 2018? Please do let me know at your earliest convenience.

Thank you for your help. (Overview - Part 2 of 2 will follow)

Deirdre Moore

(343) 550-6181

ps. I will drop off a printed version of these documents as soon as possible.

3 attachments

 **20 Questions for Psychiatrists.pdf**
288K

 **20181017 Engelking Endorsement.pdf**
794K

 **20181113 Overview part 1 of 2.pdf**
13352K



Deirdre Moore <deirdre.faff@gmail.com>

Overview - part 2 of 2

1 message

Deirdre Moore <deirdre.faff@gmail.com>
To: christopher.cardoso@cfir.ca
Bcc: Deirdre Moore <deirdre.faff@gmail.com>

20 November 2018 at 11:55

As per previous e-mail, please see attached.

Thank you.
Deirdre

 **20181113 Overview part 2 of 2.pdf**
12606K

Excerpt from OCL report *
dated July 18, 2018

Dr. Cardoso has been involved with the parents, who have attended 8 or 9 sessions. The couple started their sessions March 27, 2018. According to Dr. Cardoso, Ms. Moore self-referred. The parents had different goals: Ms. Moore wanted Dr. Cardoso to "covertly assess" Mr. Kiska as a psychopath, while Mr. Kiska's goal was to work on the couple's communication and co-parenting.

Dr. Cardoso is of the opinion that Ms. Moore is stuck in a "loop" and feels she is persecuted by Mr. Kiska. Dr. Cardoso feels this may be residual from Ms. Moore's "psychotic breaks". The relationship between Mr. Kiska and Ms. Moore is described as "toxic" by Dr. Cardoso. It marred with stone walling and defensiveness.

Ms. Moore appears to make progress within the sessions but Dr. Cardoso is of the opinion that she often regresses once she leaves. Ms. Moore presents as wanting to engage but there appears a capacity issue, as she reverts to "persecutory ideas" with a "delusional flavor".

With regards to "gaslighting", Dr. Cardoso stated that "there might be a kernel of truth but it is difficult to flush out". He feels that the mother is struggling with her "initial wound" and has difficulty seeing her role in the couple's conflict. Dr. Cardoso describes the couple's conflict as "legal warfare" and adds that this adds tension to the relationship and tension in to the homes. "This warfare is not useful". There are moments in the couple's relationship that are positive, but that then get impacted with the "barrage of emails and the accusation of being a psychopath" on the part of Ms. Moore towards Mr. Kiska.

A treatment team approach is the recommendation Dr. Cardoso feel may support Ms. Moore at this time. She is emotionally expressive in the sessions and engages in the process with slight flexibility. He acknowledges that this couple is highly intelligent and loves their children very much. "The family needs to come together and heal with the transition, and learn to navigate and communicate amicably". He adds that he is pleased to have the couple continue with the sessions.

* Dr. Cardoso had not reviewed any medical files or other documents provided by MOORE when he provided these opinions to Katherine Bobula of the OCL.

Feildie Moore

10:47 AM

12/19/18

Accrual Basis

Centre For Interpersonal Relationships
Invoices for MOORE, Deirdre & KISKA, Jonathan
All Transactions

<u>Num</u>	<u>Date</u>	<u>Due Date</u>	<u>Aging</u>	<u>Amount</u>	<u>Open Balance</u>
108386	11/08/2018	11/08/2018		210.00	
94953	06/25/2018	06/25/2018		210.00	
94311	06/18/2018	06/18/2018		210.00	
93523	06/11/2018	06/11/2018		210.00	
91988	05/24/2018	05/24/2018		210.00	
91181	05/15/2018	05/15/2018		210.00	
90279	05/07/2018	05/07/2018		210.00	
88998	04/24/2018	04/24/2018		210.00	
87699	04/10/2018	04/10/2018		210.00	
86395	03/27/2018	03/27/2018		210.00	
Total				2,100.00	0.00

Deirdre Moore

From: Deirdre Moore <deirdre_cfa@icloud.com>
Sent: May 11, 2018 9:19 AM
To: christopher.cardoso@cfir.ca
Subject: Fwd: Areas to re-visit next week.

Actually, the more I think about it, the more I think I screwed up the whole arrangement completely.

Dr. Kingston recommended CFIR for a family assessment. (I am not sure if you know this or not ... I have been diagnosed by TOH with Psychosis NOS which was fine-tuned by Dr. Jackson after two years of sessions and a series of tests to Brief Psychotic Disorder.) John has never been assessed and this is what I was looking for. CIPR reception was provided with the whole story and you were one of the psychologists recommended.

In speaking with Dr. Jackson, she says that you would not be allowed to do a family assessment now if you are actually providing couple therapy which, it seems, is actually what you are trying to do.

I think that perhaps, somewhere along the way, "you didn't get the memo", no offence.

John is, at a minimum, a pathological liar and, in my view, a psychopath.

How do I co-parent with a pathological liar who refuses to provide adequate financial support?

I've been assessed six ways from Sunday .. so you asking me about my childhood? It's weird. If you perceived a lot of dumb-struck looks from me last week, you perceived correctly.

Interested in understanding next steps.

Thank you.

Deirdre

Sent from my iPhone

Begin forwarded message:

From: Deirdre Moore <deirdre_cfa@icloud.com>
Date: May 11, 2018 at 8:37:42 AM EDT
To: christopher.cardoso@cfir.ca
Subject: Areas to re-visit next week.

Hi Dr. Cardoso.

Hi would to take the opportunity to clarify a couple of things before the next session as I was exhausted on Monday didn't express myself very clearly.

#1: Your question "When was the last time you felt something?" I interpreted as "When was the last time you EXPRESSED your feelings". Those are very different questions. Obviously I feel stuff all the time but don't have much opportunity to express it because of the massive smear campaign and know one wants to hear about my feelings.

#2: "When do you feel that your relationship started falling apart?" My position is, quite clearly, there obviously never was a real relationship. What kind of husband knowingly

has his wife hospitalized for a disease he knows she doesn't have + lies to psychiatrists to keep her in there for 2 months? So, I think your question is a tad irrelevant.

#3 When I told you that Kiska was studying bi-polar and narcissist books so he could feed the doctors symptoms, you said "it doesn't work that way." Dr. Cardoso, as I said, it absolutely DOES work that way and I have the medical files to prove it. How else does a psychotic person get diagnosed if not for total reliance on information from family members? Have you ever worked in a hospital environment?

So, I think we should re-visit your line of questioning again next week. As I said, I was absolutely exhausted on Monday and didn't pick up on the subtle nuances of your questions/comments.

In closing, I also find the fact that we can't discuss Kiska's lack of financial support weird. He makes \$175,000/year and pays me \$24,000 after 20 years?? Then he sits there and cries when he "feels sad"??

I know why I sought you out. I am losing confidence that YOU know why I sought you out.

See you on Tuesday.
Deirdre

Sent from my iPhone